

Please read this...

*Team captains will be responsible on race day for distribution of race information, waivers, and sign-in of their team's members. Please remember that race day morning is a busy time and the earlier you show up to sign in the better!

*All participants must sign waivers and in addition, riders under 18 years of age must have parental releases signed by a parent or guardian.

*Helmets are mandatory for all riders. All bicycles must be in good working order and safe for both the rider and other cyclists. Bikes that are deemed unsafe will not be allowed on the race course.

*We have set up a new, short race course for the kids (ages 8 – 12) and will be holding the ever popular bike toss! These events are FREE!!!

*Race day registration is discouraged, but we will take your team's registration that morning if you are there before 8:00 a.m.

Many thanks to all the volunteers who help make this race a success!

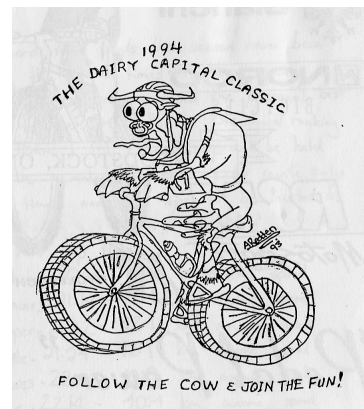
We'll be looking again for people to help with marshalling, registration, timing, etc, so if you decide not to race but want to be part of the action (and get in on the swag) please contact us!

Visit us @: www.woodstockcyclingclub.ca

E-mail: mdunseith@live.com



Dairy Capital STAMPEDE! MTB Race !!



**12th Annual 6-Hour
Solo and Team
Mountain Bike Relay
Sunday, Oct 2nd, 2011**

**Hosted by the
WOODSTOCK CYCLING CLUB**

Hey! Round up your biking buddies and join us for the 12th Annual Dairy Capital Stampede Mountain Bike Relay Race. The annual race date is set so mark your calendars and reserve this date for some big time fun and competition! This is open to all levels of riders, all you need is a proper fitting helmet and a bike. . . preferably a well maintained mountain bike.

You'll have the opportunity to race on some of **South Western Ontario's best x-country trails, and the widely acclaimed "354" section (now expanded)**

Ample parking is available. So come on out and take a shot at beating some of the "locals"!... This year we will have race categories for male and female solo, two person male & female, two person mixed and the ever popular team relay (3-4 person)... Plus a fun race for the kids!

Be as serious or as non-serious as you want. The only rule . . . is you have to have **fun!**
The most completed laps in 6 hours wins – " Nuf said."

Food, snacks and drinks on site

"The FACTS"

All registered racers will receive a
~Limited Edition Stampede Souvenir~

1st, 2nd, and 3rd place medals will be awarded for each category. **NEW..** 1st place category winners will also receive free registration to next years race!

Saturday registration available between 10am and Noon. Race day sign in starts at 7:30 am and ends at 9:00 am (get there early!). All riders must be signed in on race day.

Race starts at Sunday October 2nd, 10:00 am SHARP!

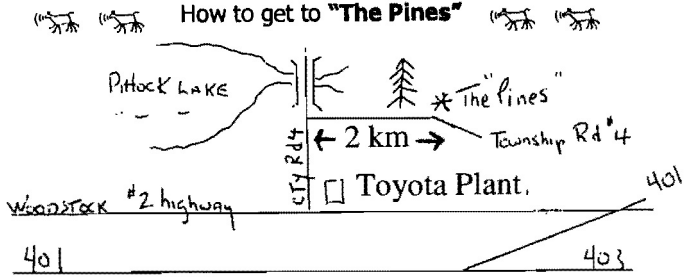
Why not come a day early! Woodstock offers a wide variety of activities for adults and families... Camp out at Pittock provincial park, only 4km away from the race or stay at one of the many local hotels.. **Course pre ride will be available Saturday from 10am to 5pm**

Accommodations and activity planning available at:
www.tourismoxford.ca

Early Registrations drop off at Pedal Power, 590 Dundas St. , or mailed to:

WOODSTOCK CYCLING CLUB
590 Dundas Street
Woodstock, Ontario
N4S 1G8

For more info call: 519-539-3681



Take 401 and exit at Highway #2. Go west for 1km until you get to County Road #4 (Toyota Plant on right). Turn north (right) and travel 4km to Township Road #4, just before the bridge. Turn east (right) and proceed 2km, driveway / parking lot is on the left.

WATCH FOR THE SIGNS!

Note!

We are no longer using Ontario Cycling Association Race Insurance. We have secured a one day insurance policy from a private insurance company. **This fee is covered in your registration cost.**
... this means our race is truly a citizens race that anyone can enter.

Team Name _____

Team Captain _____

(all correspondence will be made through the Team Captain)

Address _____

City _____ **Province** _____

Postal Code _____

Phone [] _____

Fax [] _____

E-mail address _____

~ Please circle appropriate category ~
Solo male (\$45) Solo female (\$45)
Two Person (\$90) M / F / Mixed Team relay (3-4 person) (\$45 each)

Amount Enclosed _____

(payable to the Woodstock Cycling Club) Cash or Cheque Only

Please Note!

We do not need all riders' names included for registration.

~However~

All riders must sign in & fill out all waivers on Race Day.

PLAN ON ARRIVING EARLY!

(over)